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YOUTH EXPERIENCING HOMELESSNESS (YEH) TRAUMA-INFORMED CARE STRATEGIES FOR EDUCATORS



Ensure mental and physical health information and services are available and easily accessible to YEH.



Ensure all students feel safe and secure in the school building and around all faculty and staff.

Avoid any practices that may contribute to retraumatizing YEH.



Create a culture of support in your learning environment.

Create a routine in the classroom but give students some freedom.



Allow space for social emotional learning in your classroom to promote self-awareness and self-regulation as a means for calming stress and anxiety.

Educate yourself and those around you of what trauma is and how to empower students in your classroom.



Find out what these strategies look like in practice at: [BIT.LY/IWERC_TIC](https://bit.ly/iwerc_tic)

