

TRAUMA-INFORMED CARE (TIC) IN ILLINOIS EDUCATION: WHAT YOU NEED TO KNOW

Passed in March 2021, Illinois House Bill 2170 calls for trauma-informed care in Illinois schools. Illinois has many organizations (in health, education, research, and beyond) ready to help schools become trauma-informed.

WHAT IS TRAUMA?

Trauma is caused by events that result in disturbing experiences and negative effects on individuals.



HOW DOES TRAUMA AFFECT CHILDREN?

Children may resolve trauma when they have support from a caring adult and other protective factors. But children with unresolved trauma may have poorer mental and physical health outcomes.



WHAT ARE THE SIGNS OF TRAUMA IN CHILDREN?

Children who have experienced trauma may show sustained changes in behavior, such as ongoing withdrawal or frequent disruptive behaviors.



WHAT IS TIC?

Educators using TIC connect children to resources and supports, develop children's sense of safety and consistency, encourage children's agency, emphasize strengths and future hopes, build resilience, and are culturally-sustaining.



WHAT SHOULD SCHOOLS KNOW ABOUT TIC?

TIC can be provided universally to all students, as well as in a more targeted fashion to students with higher levels of need. Schools must take special care not to retraumatize students and proactively create environments that are safe, consistent, and supportive.

Read the full brief at:

[BIT.LY/IWERC_TIC](https://bit.ly/iwerc_tic)

(IWERC)

(D P I)

PART OF THE UNIVERSITY OF ILLINOIS SYSTEM